

Clinical experience in Denmark

I had an opportunity to be an exchange student going to Hillerod Hospital, Copenhagen, Denmark for 1 month. By this time, I had practiced my physical therapy skills to many fields of patients such as ones with musculoskeletal problems, fracture cases mainly, ones with lung and respiratory disease in inpatient wards, and also joining cardiac rehabilitation class that I was assigned to be a leader presenting Thai traditional dancing and stretching to the patients. Also, ones with neurological conditions were included. The techniques applied here did not differ from those in Thailand but the different point found here is patient-centered and the members in the medical team play equal role. Every morning, doctors, nurses, physical therapists, and related professionals come to discuss about their cases. This activity reflects true multidisciplinary approach. This opportunity can be considered as my great moment. I have observed the way Danish people do, have experienced the difference of academic settings, graduation ceremony of Danish physical therapy students, and treatment techniques including modern medical facilities that patients can borrow to use at home. I will combine these experiences with my practices for Thai patients to reach on international standard in the future.

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