

Curriculum Vitae

Name **Miss Sasithorn Saengrueangrob**

Position Assistant lecturer

Work Faculty of Physical Therapy
Mahidol University
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Education

- **2013** M.Sc. in Physical Therapy
Faculty of Physical Therapy, Mahidol University, Thailand

- **2009** B.Sc. in Physical Therapy (First class honors)
Faculty of Physical Therapy, Srinakharinwirot University,
Thailand

Awards & Funding

- Scholarships for Graduate Research Presentations sponsored by Faculty of Graduate Studies, Mahidol University, Thailand. (**Saengrueangrob, S., Hiengkaew, V., Vongsirinavarat M. (2013).** Effect of Lower Limb Exercise in Diabetic Community-Dwelling Elders. Oral present at the 29th National Graduate Research Conference, Mae Fah Luang University, Chiang Rai, Thailand)

Research Interests

- Postural control and balance
- Diabetes mellitus
- Exercise in community setting

Positions & Working Experiences

- August 2014 – present Assistant lecturer, Faculty of Physical Therapy, Mahidol University
- 17 – 19 June 2015 Para Archery International Classifier Candidates for American athletes at Chula Vista, USA
- 13 – 15 April 2015 Para Archery International Classifier Candidates for Malaysia and Singapore athletes at Kedah, Malaysia
- 11 – 13 January 2015 Para Archery Classifier, Korat Game, Thailand (The 33th National Disabled Games)
- October 2012 – August 2014 Physical therapist, Acute Stroke Unit, Siriraj hospital, Bangkok, Thailand
- 2012 – July 2014 Physical therapist, Sport Authority of Thailand, Bangkok, Thailand (Part time)
- February – July 2014 Research Assistance for EVREST Project at Acute Stroke Unit, Siriraj hospital, Bangkok, Thailand

- 8 – 9 June 2014 Para Archery International Classifier Candidates for Japanese athletes at Tokyo, Japan
- 3 – 7 June 2014 Para Archery International Classifier Candidates for Chinese athletes at Hangzhou, People’s Republic of China
- August 2013 – March 2014 Clinical Instructor, Acute Stroke Unit, Siriraj hospital, Bangkok, Thailand
- 10 – 14 February 2014 Para Archery Classifier, Sri Supanburi Game, Thailand (The 32th National Disabled Games)
- 11 – 21 January 2014 Physical therapist, The 7th Asian Para Game at Nay Pyi Taw, Republic of the Union of Myanmar

Teaching Courses

- Physical therapy in community

Professional Memberships

- Para Archery International Classifier Candidates
- Member of Physical Therapy Association of Thailand

Publications

- Hiengkaew V., **Saengrueangrob S.**, Cheawthamai K. (2015). A Pilot Study of a 12-week Leg Exercise and a 6- and 12- Month Follow-Up in Community-Dwelling Diabetic Elders: Effect on Dynamic Standing Balance. J Med Assoc Thai, 98(5), S60-7.
- Cheawthamai, K., Vongsirinavarat, M., Hiengkaew, V., **Saengrueangrob, S.** (2014). A Comparison of Home-Based Exercise Programs with and without Self-Manual Therapy in Individuals with Knee Osteoarthritis in Community. J Med Assoc Thai, 97, 1-6.

Presentations

- **Saengrueangrob, S.,** Hiengkaew, V., Vongsirinavarat, M. (2013). Effect of Lower Limb Exercise in Diabetic Community-Dwelling Elders. Oral present at the 29th National Graduate Research Conference, Mae Fah Luang University, Chiang Rai, Thailand.

Speaker

14 June 2015

Topic: **“30 minutes for cardiovascular fitness”** for HealthToday event at Mahisorn auditorium, SCB Park plaza, Bangkok, Thailand

23 March 2012

Topic: **“Diabetes Mellitus in the Elderly”** at Thung Kraphang Hom sub-district, Kamphaeng Saen district, Nakhon Pathom, Thailand