

## Curriculum Vitae

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**Position** Lecturer  
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### **Education**

2017 Ph.D. (Physical Therapy) Mahidol University, Bangkok, Thailand  
2007 M.Sc. (Anatomy) Mahidol University, Bangkok, Thailand  
2002 B.Sc. (Physical Therapy) Khon Kaen University, Khon Kaen, Thailand

### **Positions & Working Experiences**

2007 - present Lecturer, Faculty of Physical Therapy, Mahidol University  
2002-2004 Physical Therapist, Sichon Hospital, Nakhon Si Thammarat, Thailand

### **Research Interests**

1. Geriatric Physical Therapy
2. Postural control and balance
3. Physical Therapy in diabetes
4. Vestibular Rehabilitation
5. Musculoskeletal Physical Therapy

### **Publications**

1. Janyacharoen T, Atici T, Buranrux O, Punsanit N, Tudmala R. Effects of sauna on pulmonary function test: comparison between non-smokers group and smokers group. J Phys Ther. 2001; 24:10-21.
2. Thadmala R, Lanlua P, Baimai S, Piyawinijwong S, Sricharoenvej S. Hypophyseal microvascular alterations in long-term diabetic rat. Siriraj Med J. 2009;61(suppl 1):9-12.
3. Kraiwong R, Vongsirinavarat M, Soonthorndhada K. Physical therapy workforce shortage for aging and aged societies in Thailand. J Med Assoc Thai. 2014;97 Suppl 7:S101-6.

4. Nuntapornsak A, Vongsirinavarat M, Kraiwong R. The reliability of the Michigan Neuropathy Screening Instrument Thai version. J Med Assoc Thai. 2018;101(6):753-7.
5. Kraiwong R, Vongsirinavarat M, Hiengkaew V, Heideken Wågert P. Effect of sensory impairment on balance performance and lower limb muscle strength in older adults with type 2 diabetes. Ann Rehabil Med. 2019;43(4):1-12.
6. Vongsirinavarat M, Mathiyakom W, Krityakiarana W, Hengsomboon N, Kraiwong R. Survey of Attitudes, Knowledge, and Barriers to Evidence-Based Practice Among Thai Physical Therapists. The Internet Journal of Allied Health Sciences and Practice. 2020; 18 (4):--.
7. Vongsirinavarat M, Mathiyakom W, Kraiwong R, Hiengkaew V. Fear of Falling, Lower Extremity Strength, and Physical and Balance Performance in Older Adults with Diabetes Mellitus. Journal of Diabetes Research. 2020;2020:8573817.
8. Vongsirinavarat M, Kraiwong R. Falls among Older People with Type 2 Diabetes Mellitus with Peripheral Neuropathy. Siriraj Medical Journal. 2021;73(2):92-28.
9. Kraiwong R, Vongsirinavarat M, Rueankam M, Sumalrot T. Effects of physical-cognitive training on physical and psychological functions among older adults with type 2 diabetes and balance impairment: a randomized controlled trial. Journal of Exercise Rehabilitation. 2021;17(2):120-30.

**Textbooks and Book Chapters (in Thai):**

สุรศักดิ์ บุญประสพ, รัชนก ทัดมาลา, อนุชาติ เขื่อนนิล. ตำราประสาทวิทยาศาสตร์ สำหรับนักศึกษา  
กายภาพบำบัดและกิจกรรมบำบัด คณะกายภาพบำบัด มหาวิทยาลัยมหิดล 2553.